

Recovery+ Cold Compression Therapy

Why do compression and cold work so well together?

Studies show that cold therapy decreases pain, muscle spasms, and swelling in the soft tissue injuries and decreases the likelihood of tissue damage. Compression pushes excess fluid away from the injury, which helps to eliminate existing swelling and minimize new swelling. When combined, these two therapies produce a new level of healing.

Recovery+ delivers a unique combination of compression and cooling, as well as comfortable, formfitting anatomic wraps, and adjustable pressure and temperature settings, all in a state-of-the-art system. Simply put, there is nothing else like it.



LAKE CHARLES
1625 WOLF CIRCLE
LAKE CHARLES, LA 70605

SULPHUR
250 SOUTH BEGLIS PARKWAY, SUITE #3
SULPHUR, LA 70663

337-508-0356
337-905-7101 (FAX)
REGAN@COLLINSORTHOPAEDICS.COM



GET BACK *in the* GAME





SEGMENTAL COMPRESSION *Heal Faster and Reduce Pain*

1. Continuous water circulation and segmental compression promote healing.
2. Forces blood flow away from surgical site to reduce swelling.
3. Reduces pain, swelling, edema, and hemarthrosis, and promote faster healing.

INTERMITTENT PNEUMATIC COMPRESSION

1. More effective than static compression.
2. Increases blood flow and delivery of oxygen to the injury site.
3. Aids the prevention of edema formation.
4. Decreases pain, muscle spasms, and swelling.
5. Mimics natural muscle pump, enhances lymphatic return helping to reduce swelling and prevent secondary tissue damage while accelerating the healing process.

TREATMENT MODALITY AND INDICATIONS

Compression Therapy: 6 Compression

Settings: 15-75mmHg

Thermal Therapy: 43 degrees to 50 degrees
Temperature

Portable DVT Prophylaxis: Decrease the risk of
deep venous thrombosis (DVT)

Edema: Reduction of edema associated with
soft tissue injuries such as burns, postoperative
edema, and ligament sprains.

DVT Prophylaxis: DVTherapy offers greater
range of compression, allowing physicians more
flexibility in a prescribing treatment.

Post-Operative Orthopedic Surgery: Treatment
of pain and swelling of acute periarticular
processes, treatment of pain and swelling
following mobilization of shoulder stiffness
under anesthesia, treatment of pain and swelling
postoperatively for bones, joints and soft
tissue, treatment of pain and swelling cause by
musculoskeletal contusions and athletic injury.

Pain: Cold therapy for pain management.

geoffcollinsmd.com